

YOU ARE CORDIALLY INVITED TO A SPA EVENT WITH

Dina Vitantonio



HOST:

PHONE:

DATE:

EMAIL:

TIME:

LOCATION:

NUMBER OF PARTICIPANTS:

OCCASSION:

SPA EVENT SERVICES:

Please Select ONE package from the following list of options:

SERVICES:

Spa Option 1 | \$150.00 per person | ** Type of Reading will be the selection of the practitioner*

For Detoxing, Alkalinizing, Rejuvenating the Physical, Emotional & Spiritual Fields, Includes:

- Ionic Detox Foot Bath
- Ionic Detox Foot Bath Assessment
- Energy Reading (or) Chakra Reading *
- Bio Mat Amethyst Healing Bed

Spa Option 2 | \$125.00 per person

For Physical, Emotional and Spiritual Understanding & Clearing, Includes:

- Bio Mat Amethyst Healing Bed
- Energy Reading (or) Chakra Reading
- Energy Clearing (or) Chakra Balancing

Spa Option 3 | \$99.00 per person

For Mental, Emotional and Spiritual Clarity & Balance (Get Unstuck & Unblocked), Includes:

- Bio Mat Amethyst Healing Bed **-OR-** • Chakra Assessment

(depending on the time a clearing may be added)

Spa Option 4 | Other: \$_____ per person | *Must Be Discussed & Approved by Dina prior to the Event*

For _____ Includes:

- _____
- _____
- _____

- Time of each service will be at the discernment of the practitioner and also will be dependent on the number of people and types of packages...
- Payments are to be made to Dina in cash on or prior to the day of the EVENT
- No Refunds
- A deposit of \$100 - \$250 is held in advance to book the Event. Event Cancellations must be made 72 hours in advance or are subject to a \$100 fine.

SERVICES OFFERED

Intuitive Energy Reading

Regardless of our ability to see, feel or sense it, our body gives off information or clues about our life and experiences in the form of vibrations that can be sensed by a trained or experienced individual. These vibrations make up our Energy Field and are unique to each of us. They directly relate to our Physical, Emotional and Spiritual health.

During a session, the practitioner taps into the clients fields to gain insight around areas of their life and their root which they may be unaware. The practitioner then helps them navigate blockages, patterns or beliefs which may be hindering them from: happiness, relationships, financial or career success, by offering suggestions and guidance.

Chakra Assessment & Balancing

The body is made up of seven major energy centers known as Chakras and many sub chakras where energy gathers, like a well and moves through. Each major center is directly connected to a specific field of the body which is then linked to an organ, it's function and series of associated emotion(s).

During the session, a qualified practitioner reads and charts these specific centers to pinpoint overall energy, health, vitality and flow (chi, qui...). This can give clues indicating blockages, limited energy flow or stagnation, either on the physical or emotional level.

Understanding this gives a treasure trove of information about a persons' past experiences and how they have translated these events into their life and/or lifestyle.

For instance, a session may help a person understand why it is so difficult to let go of relationships and move forward; or why they keep getting passed over for that promotion at the office. Understanding what often drives us, gives us tools to better navigate life and it's ups and downs.

Crystal Healing Therapy

Crystal therapy or crystal healing is a form of vibrational medicine which includes healing with different frequencies and/or vibrations, using crystals or stones as the vehicle.

*During a Crystal therapy session the session involves placing crystals or gemstones on or around the body of the indivisible. The practitioner will place a stone on a specific energy center, (aka: Chakra) or create a geometric pattern to increase the amount of stimulation. This helps increase the body's natural ability to open and heal itself through directing the flow of energy currents. Gemstones possess specific healing and spiritual energies based on their composition and vibrations that they emitted. ***Traditional Reiki Sessions are also available.***

Ionic Detox Foot Bath

The purpose of a foot bath is to help the body's pH become more "alkaline". But what exactly is the importance of being alkaline? An alkaline body is crucial to a person's health. Diseases thrive in an acidic environment which is the opposite of being alkaline. So the less acidic and more alkaline your body: the less prone you are to contracting a disease like osteoporosis and cancer. In addition, you are far more able to reduce inflammation, aches or pains and better help achieve a healthy balance, according to Chinese Medicine.

The Center for Disease Control reports that up to 85% of all illnesses are caused by toxins and pollutants in our bodies. The human body functions best when the ions are balanced at 80% negative and 20% positive. This also means, incorporating alkaline foods into your diet, reducing emotional toxins, such as stress, what we read, listen to and watch, and our external and internal environments, are all major contributors.

An ionic detox Foot Bath, helps to facilitate the alkalization process through the process of ionization, which removes toxins and "free radicals" from the body.

**Inquire about an 80/20% food chart.*

BioMat Amethyst Bed

FDA licensed medical device that combines state of the art Far Infrared light and Negative Ion technology with the healing power of Amethyst crystals. The BioMat delivers professional therapeutic results and is a revolutionary healing tool. Results can include:

- *Improve Circulation and Increase Overall Wellness and Balance*
- *Cardiovascular Function*
- *Increase Metabolism and Weight Control*
- *Reduce Stress and Fatigue*
- *Relieve Joint Pain and Stiffness*
- *Improved Skin Health*

According to NASA research, Human Infrared normalizes a variety of important physiological functions, especially glandular functions. This human infrared feature of the BioMat makes it different from any other infrared device on the market. Other infrared saunas and systems penetrate the body by 2-4 inches whereas the BioMat's combined technologies and Amethyst crystals increase the potency by 200% allowing the healing waves to penetrate 4-6 inches into the body, with the potential to reach inside bone, muscles and joint areas for deep healing. People have reported physical, emotional and spiritual awarenesses and healing results.

****Arrangements for traditional Reiki healing session is available. Energy Mapping sessions, Dina's signature modality, can be included for an additional fee. This special service must be made well in advance. The number of participants, time available, space allowance and other factors are to be considered and granted at Dina's discretion.***